



@OxfordEnvSust

Foodies Paradise

Incredible Edible Gardens, Fairtrade & VeggiePledge



Incredible Edible gardens

What are the Incredible Edible gardens?

Small garden and vegetable plots around the University. The aim is to help people learn about growing food and to provide fresh fruit and vegetables.

Fairtrade University

The University and several colleges are working with the National Union of Students and the Fairtrade Foundation to promote and use certified products.

There are many ways to get involved, from looking out for products to helping implement changes.

Why get involved?

Gardening and growing food is a great way to relax and enjoy time outdoors – whatever the weather! Most importantly, try something new, learn a new skill and end up with some yummy food too!

Do you have an original recipe idea that could form part of a low-carbon sustainable menu?

Help us create a Sustainable Oxford University cook book by emailing your favourite recipes to us.

This sounds great, can I help?

Yes please! The gardens are looked after by staff and student volunteers, and we are always looking for new members. You can volunteer as much or as little as you like.

VeggiePledge

Encourages staff and students to try vegetarian and vegan foods. The focus is a campaign over November.

VeggiePledge is run through Oxford Student Union's Environment and Ethics Campaign.



To learn more, find your local garden or volunteer, email sustainability@admin.ox.ac.uk or @OxfordEnvSust.