



Blue

4

Switch Off

3

Cycle / Take a Bus

Green

8

RRR



ENVIRONMENTAL
SUSTAINABILITY at
OXFORD

7

Go Veggie /
Vegan

9

Go Fairtrade

Buy Nothing Week
/ Month

5

Red

2

Skip a Flight

1

Say NO to Plastic

Orange

New Year's Resolution - Go Greener

1. Say NO to Plastic

Say no to single use plastic bags, coffee cups, straws, takeaway containers, unneeded packaging etc.

2. Skip a Flight

Challenge yourself to arrange a holiday / business trip without flying. Use train, coach, car or ferries. It could be a nice adventure!

3. Cycle / Take a Bus

You've heard quite a bit about the environmental disadvantages of driving. Challenge yourself to reduce your driving by cycling, public transport, car share or walking.

4. Switch Off

How easy is that? Make sure you turn off the lights and electrical devices when not in used. Check your heating, is it too high? Room temperature should be 18-20° C. What about your water heater? Can you set it up to work less time?

5. Buy Nothing Week / Month

Challenge yourself to buy less. Can you go for a week without buying anything but groceries? How about a month? Introduce yourself to second hand shops in your area, upcycling web sites, and repair cafes.

6. Go Fairtrade

When you buy consumables look for those with the Fairtrade logo. You can easily find Fairtrade sugar, coffee, cocoa, cotton (cloth), fruits, gifts, cosmetics and more. Look it up, it can make a great positive difference for someone across the world.

7. Go Veggie / Vegan

Reduce your carbon footprint by declaring a veggie/vegan day a week. Already doing so? how about a meat free week? Month? Remember: every plant based meal matters.

8. Rs you Waste

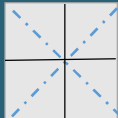
Reduce, Reuse, Recycle. Less waste means less carbon. Consume less, reuse as much as possible, and give to charity what is not needed. The rest put in the suitable recycling bin.

Follow the instructions below and try something new for our future.

1) Fold the square in half twice, following the yellow dotted lines. Unfold it.



2) Fold the square diagonally from the corner to corner, following the blue dotted line. Unfold it.



3) Fold all of the corners into the centre, along the pink dotted line. Keep these folded.



4) Turn it over. Fold the four corners into the middle, as indicated by the green lines.



5) With the side which has triangles pointing into the centre, fold in half along the horizontal. Creating four pockets. With each hand push your fingers under the square and pinch it open.



To play... pick a colour, spell it out moving the game for each letter. Pick a number and then reveal your challenge !

